RGM HOMESCHOOL CLASSES

Can your brain keep up with your body?

Music. Movement. Thinking. Laughter.

A fun new way to build attention, memory, and learning skills.

MONDAYS @ 11am-12pm

1. January 11, 2027
2. January 25, 2027
3. February 1, 2027
4. February 8, 2027
5. February 22, 2027
6. March 1, 2027

LOCATION

Stowell Learning Center
15192 Central Ave
Chino, CA 91710

SCAN QR CODE TO REGISTER

What is RGM?

RGM is an interactive brain training class using structured, cross-body movement and timed response patterns where kids stand, clap, stomp, and follow rhythm and color cues to music in a fun group setting.

Why RGM for YOUR Child?

- Attention, working memory & executive function
- Self-regulation & flexible thinking
- Coordination & body awareness
- Confidence to try new things
- Fun & connection with other kids
- **BONUS:** May count toward PE requirement!



STOWELL Learning Center

StowellCenter.com/RGM