STOWELL Learning Center

Cognitive Learning Skills Therapy Supports Higher Education Success

Farouk came to Stowell Learning Center after having failed his first semester of medical school. Testing showed that challenges with dyslexia and attention/concentration were affecting his success in school.

Farouk took the next semester off and spent 8 weeks working intensively (2 hours per day 5 days a week) to improve his auditory processing, working memory, processing speed, reading, spelling, comprehension, and attention control. His program included:

- Auditory Stimulation and Training (AST) - Reading, Spelling, and Comprehension
- AMPS (Attention, Memory, and Processing Skills) - Cognitive
- Executive Function Training and Application

At the end of his intensive, Farouk shared that the processing skills training made a great impact on his learning - that previously he had felt like he was in a fog and that AMPS helped turn his brain back on.

Retesting showed a two year increase in working memory, a one year increase in reading accuracy and processing speed, and a five year increase in reading comprehension. His ability to concentrate and stay on-task also improved.

Farouk went back to medical school following his work at the Learning Center. He called at the end of the semester to say that he was doing well and had passed all of his classes.