RGM HOMESCHOOL CLASSES

Can your brain keep up with your body?

Music. Movement. Thinking. Laughter.

A fun new way to build attention, memory, and learning skills.

What is RGM?

RGM is an interactive brain training class using structured, cross-body movement and timed response patterns where kids stand, clap, stomp, and follow rhythm and color cues to music in a fun group setting.

Why RGM for YOUR Child?

- Attention, working memory & executive function
- Self-regulation & flexible thinking
- Coordination & body awareness
- Confidence to try new things
- Fun & connection with other kids
- **BONUS:** May count toward PE requirement!

MONDAYS @ 11am-12pm

1. October 12, 2026
2. October 19, 2026
3. October 26, 2026
4. November 2, 2026
5. November 9, 2026
6. November 16, 2026

LOCATION

Stowell Learning Center
15192 Central Ave
Chino, CA 91710

6 Weeks of RGM: $167
10% Sibling Discount

SCAN QR CODE TO REGISTER



STOWELL Learning Center

StowellCenter.com/RGM