

# POWER UP YOUR BRAIN WITH RGM KIDS!

Discover how rhythm and movement can make learning easier!

## 6-WEEK SESSION DATES

- 1 October 5, 2026
- 2 October 12, 2026
- 3 October 19, 2026
- 4 October 26, 2026
- 5 November 2, 2026
- 6 November 9, 2026

### Monday Afternoons

4:30pm - 5:30pm

### LOCATION:

Stowell Learning Center  
15192 Central Ave  
Chino, CA 91710



Scan QR Code, or

**CLICK TO REGISTER**

## What is RGM?

RGM is an interactive brain training class where kids stand, clap, stomp, and follow rhythm and color cues to music.

Through structured, cross-body movement and timed response patterns, students strengthen attention, working memory, coordination, and executive function skills while building confidence and connection in a fun group setting.

