



POWER UP YOUR BRAIN WITH RGM KIDS!

Discover how rhythm and movement can make learning easier!



What is RGM?

RGM is an interactive brain training class where kids stand, clap, stomp, and follow rhythm and color cues to music.

Through structured, cross-body movement and timed response patterns, students strengthen attention, working memory, coordination, and executive function skills while building confidence and connection in a fun group setting.

RGM KIDS 6-WEEK SERIES INFORMATION

DAY: Monday Afternoons

TIME: 4:30pm - 5:30pm

LOCATION:

Stowell Learning Center
15192 Central Ave.
Chino, CA 91710

SPRING SESSION

- 1 April 6, 2026
- 2 April 13, 2026
- 3 April 20, 2026
- 4 April 27, 2026
- 5 May 4, 2026
- 6 May 11, 2026



INFO & REGISTRATION

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